

**2015 AUXILIARY BOARD OF TRUSTEES MEETING DATES**

January 12, 2015	9:30 am	Conference Room #3
March 9	9:30 am	Conference Room #3
May 11	9:30 am	Conference Room #3
June 8	9:30 am	Conference Room #3
September 14	9:30 am	Conference Room #3
<b>*November 9</b>	9:30 am	Conference Room #3



**\*Mandatory** Twig  
Representation Meeting

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*Spring 2015 Pulse DEADLINE: March 9*

*Summer 2015 Pulse DEADLINE: June 8*

For more information about the Auxiliary please visit us at [www.oaux.org](http://www.oaux.org)

Overlook Auxiliary  
99 Beauvoir Avenue  
Summit, NJ 07901



# PULSE

Volume 18

Winter 2014-2015



**2014 AUXILIARY GOALS MET**  
**\$37,675.00**

\$15,000	Overlook Music Program
13,000	Orthopedic Bladder Scanner
3,332	Palliative Care Baskets
5,000	Nursing Scholarships
1,343	Oncology Teas

**2014 TWIG GOALS MET**  
**\$42,629.00**

CH #15	\$1,418	Community Health	SU #3	2,500	Eating Disorders
	1,418	Eating Disorders		2,500	Ovarian Cancer
	1,418	Liam's Room	SU #4	5,125	Hospice Camp Clover
	1,418	Valerie Center	SU #5	2,218	Hospice Camp Clover
NP #2	463	HealthStart patient Thanksgiving Baskets	SU #11	675	Auxiliary General Fund
	450	HealthStart Pediatric Gifts	SU #19	6,000	Hospice Camp Clover
SH #17	393	Hospice Camp Clover		6,000	Eating Disorders (8-12 years old)
SH #27	4,000	Orthopedic Bladder Scanner	SU #21	275	Auxiliary General Fund
	1,000	Behavioral Health Geriatric Recliner			
SU #2	2,000	Hospice Camp Clover			
	300	Hospice/Homecare			
	1,600	Volunteer Service Wheel Chairs (2)			
	1,000	Ovarian Cancer			
	458	Neuroscience Seizure Pads			



*The Overlook Auxiliary is a volunteer organization cultivating a compassionate and comforting environment throughout the entire Medical Center community with active volunteering and imaginative fundraising.*

**A LETTER FROM THE PRESIDENTS**



Happy New Year Everyone, we hope you had a great holiday.

The coming year will be a busy and exciting one for your Auxiliary. We will begin celebrating our 100<sup>th</sup> year in 2015. The 100<sup>th</sup> Committee is busy planning special events through 2016 to honor past and present Auxiliary members and the Auxiliary itself concerning our accomplishments. The Kitchen Tour Committee is hard at work securing homes and would appreciate any thoughts you might have to add to those already in hand. Summit Twig 3 is busy planning special luncheons for our Annual meetings in 2015 and 2016. Please mark your calendars and save the dates for the following:



- 2015 Spring Luncheon and Annual Meeting – Thursday, May 14<sup>th</sup> at Canoe Brook Country Club
- 100<sup>th</sup> Anniversary Cocktail Party – Thursday, September 10<sup>th</sup> at Canoe Brook Country Club
- Kitchen Tour to benefit Eating Disorders – Thursday, October 22<sup>nd</sup>

We continue to serve Tea in the Oncology areas and thank all the Twigs and Auxiliary Members that make it possible. The program has been so successful we are hoping to expand from two days a month to three. Our Art at Overlook program is about to exhibit a new showing of prints. If you are in the hospital it is well worth a trip down the Administrative Hallway to view the artists' works. All sales will benefit Cancer Care.

This busy year will depend greatly on the Auxiliary membership working together. We need to reach out to family and friends and ask them to join us here at Overlook. In the world of today Volunteers add that special touch to patients and patient care alike. The Auxiliary needs your support.

Elsa [elsab2141@aol.com](mailto:elsab2141@aol.com) & Diane [djswett@comcast.net](mailto:djswett@comcast.net)



**2015 Dues - \$25**

**Thank you** if you have already paid your **2015 Membership Dues.**

Membership Dues paid **after January 31** are considered late and are assessed a **\$20** Late Fee.

The Auxiliary would like to thank the following members for the "extra" donation included in their dues:

- |                 |                |                    |                |
|-----------------|----------------|--------------------|----------------|
| *Nancy Burrows  | *Mary Joe Herr | *Liz Pryma         | *Jane Schapker |
| *Gail Callahan  | *Carol Kanner  | *Leigh Rosoff      | *Mary Sheehan  |
| *Alice Dillon   | *Ayten Mayer   | *Elsa Russell      | *Kitty Simpson |
| *Tyler Farrand  | *Dodi Peron    | *Barbara Cox Sacks | *Joan St. John |
| *Bobbie Gilmore |                |                    |                |

**VOLUNTEER SERVICES**

**VOLUNTEER OPPORTUNITIES - IMMEDIATE AVAILABILITY!**

The **Gift Shop** is in need of help with register sales and travelling gift cart!  
 The **Information Desk** seeks friendly volunteers to welcome guests and offer information/direction.  
**Messenger Room Volunteers** are needed daily to run errands throughout the medical center.  
**Patient Relations Volunteers** are needed to make friendly visits to patients.

**THE HEALTH SCIENCE LIBRARY**

Friendly volunteers are needed to visit patient rooms to offer free informational research on health conditions and treatments. (Training will be provided).

**BEDSIDE COMPANION PROGRAM**

If you are caring and compassionate with a fondness for older adults, this may be the perfect volunteer experience for you! You can touch someone's life just by being there to listen and provide brief companion visits! Training will be provided to prepare you to comfortably perform this volunteer role.



**EMERGENCY DEPARTMENT**

Volunteer positions are available immediately in our Emergency Department at the Summit and the Union campus. Please make a commitment to change the experience of Emergency Department patients through kindness and human contact. Personalized orientation and training will be provided. If you are a retired healthcare professional who is comfortable in a clinical setting, this experience may be perfect for you.

**VOLUNTEER MUSICIANS**

Your musical talent can bring healing to our patient visitors and staff! Pianists, vocalists, violinists, harpists and guitarists are all in great demand! Music in our atrium lobby enhances the welcoming environment! Please volunteer to perform at Overlook and enhance our healing environment!



If you are interested in learning more about any of our volunteer opportunities, please contact Sue Thomas, Manager of the Patient Experience and Volunteer Services. 908-522-2841 [Sue.thomas@atlantichhealth.org](mailto:Sue.thomas@atlantichhealth.org).

## VOLUNTEER SERVICES



*"Volunteers do not necessarily have the time, they just have the heart."*

Elizabeth Andrew

## HAPPY NEW YEAR AND BEST WISHES FOR A BRIEF FLU SEASON!

We trust that you had a beautiful holiday season with your family and friends and wish you every happiness and blessing for the year to come! Happy New Year!

With the arrival of the New Year comes the arrival of Flu Season in the hospital setting! Thank you for your willingness to receive the Flu vaccine. The vaccine will help to keep you, patients, staff and fellow volunteers healthy as the season peaks in this area.



It is more important than ever to consistently wipe down wheel chairs and carts...and wash your hands...or use hand sanitizer at every opportunity. You don't want to bring the flu home to your family and friends.

At AHS, this is the *Year of Community*. We are so grateful for our wonderful community of volunteers who bring kindness and compassion to all of their volunteer roles at Overlook.



*"Without community service, we would not have a strong quality of life. It's important to the person who serves as well as the recipient. It's the way in which we ourselves grow and develop."*

Dr. Dorothy I. Height

## FULFILL A RESOLUTION TO MAKE A DIFFERENCE!

If you have the time, skills and interest to volunteer...we want to speak with you! Becoming a volunteer brings great satisfaction and a wonderful sense of fulfillment and appreciation.

We have many unique and specialized volunteer opportunities. We can match your skills and interest for a great and meaningful assignment. Overlook welcomes all new volunteers! Making a commitment to help others will surely change your life in the process! If you are interested in becoming an Overlook Medical Center volunteer, please call Gwen Dabney, Administrative Assistant, Volunteer Services to request an application! 908-522-2099 [Gwendolyn.dabney@atlanticealth.org](mailto:Gwendolyn.dabney@atlanticealth.org)

## AUXILIARY HAPPENINGS

## 2015 SAVE THE DATES

## JONES NY SALE

**Tuesday, January 27**  
8 a.m. - 5:00 p.m.  
Bouras Auditorium

Hosted by  
SH Twig 27

## APOSTLE SHOES SALE

**Tuesday, March 3**  
8 a.m. - 4:00 p.m.  
Bouras Auditorium

Hosted by  
SH Twig 27

## SPRING VENDOR SALE

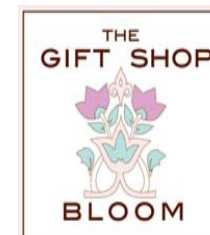
**Tuesday, May 5**  
8 a.m. - 5:00 p.m.  
Bouras Auditorium

Hosted by  
SH Twig 27



Please like our page "Overlook Auxiliary". This will help promote the Auxiliary and remind the community of our events. It may also help us recruit new members and Twigs!

## WHAT'S TRENDING AT THE GIFT SHOP &amp; BLOOM?



Our buyers braved the chilly January temperatures and spent a day at the New York Accessory Show! They returned excited with their purchases for The Gift Shop and were buzzing with anticipation at receiving merchandise from new vendors. The colors for spring are bright and fun – handbags and scarves in sorbet hues will chase the winter blues away. Market tote bags, wallets, and weekender bags..... Summer sundresses, super-soft tunics, beach cover-ups, scarves, shrugs, and wraps...jewelry (Bling is big this year!) and fabulous watches – excellent quality for a reasonable price in fun spring and summer colors. Our buyers claimed that the Accessory show was the best they had ever seen and are anxiously awaiting for the boxes to arrive.

In Bloom, spring brings lilacs and peonies, bursting with fragrance and beauty. Roses, snapdragons, stock, and gerbera daisies in bright yellows, oranges, and pinks are a perfect addition to any design. Fresh flowers are a perfect gift for a friend or colleague, but even better would be to treat yourself to a vibrant arrangement. Bring in a favorite container and have it filled with beautiful blooms or place an order by phone and have it brought out to your car at curbside – what could be easier? Having a party or event? Contact Bloom at 908-522-2117 and order unique centerpieces that will "WOW" your guests.

The Gift Shop & Bloom will have some exciting "news" to report in 2015. Stay tuned!!! Check our Facebook page – we'll post the news there first!

The Gift Shop is in need of *volunteers* for many regular shifts. Make new friends and enjoy volunteering in an exciting and fun environment. Please contact Mary Damiano (Gift Shop Manager) or Gwen Dabney (Volunteer Services) for more information.

As always, The Gift Shop & Bloom offers free delivery to many Atlantic Health System locations, as well as Summit Medical Group. Delivery available to Summit and neighboring towns for a nominal fee. Curbside pickup available for gifts and flowers. Remember, The Gift Shop & Bloom is *YOUR* Auxiliary gift shop, raising funds to support vital patient services. We thrive on and appreciate your support.

Please visit our website [www.bloomatoverlook.com](http://www.bloomatoverlook.com) and "like" our **Facebook** page for the most up-to-date product information and happenings.

TWIG HAPPENINGS

SU Twig 5



Summit Twig #5 "Friends of Hospice" participated in the Alternative Gift Market/Mitzvah Mall which was co-sponsored by Christ Church, Temple Sinai and Fountain Baptist Church in Summit on November 16 2014. Many people purchased "Presents for a Purpose" for everyone on their holiday list! Thanks to all those who attended!

Summit Twig #5 also hosted their annual "Lights of Love" during the month of December. Our Tree of Lights, a beautiful nine foot spruce illuminated the lobby of Atlantic Home Care and Hospice at 465 South Street in Morristown. Over 200 people purchased the symbolic lights in memory of a loved one and wooden ornaments with their names were placed on the lit tree. Many families visited the tree during the month, shared stories and memories of their special person and then took the ornament as a remembrance.



Both events benefitted Atlantic Hospice & Camp Clover.

SU Twig 21

SU Twig 21 would like to thank everyone who participated in this year's Holiday Open House which was held on December 12<sup>th</sup>. The Overlook Auxiliary Board generously increased our budget so that we could insure plenty of cheer for the entire Overlook family. The Auxiliary office was a diligent partner in insuring that everything happened on schedule. From the towering centerpiece provided by Bloom, the coffee service from Donna's Café, the assistance by Environmental to set up the room to our specifications, keeping our bins tidy and empty during the day efficiently handled by Housekeeping, and most of all, to the faithful Twigs who stepped up this year with a true bounty of wonderful goodies to make this Open House a success – we thank you all for your part in making this event memorable and very successful.

We had a banner turnout from both staff and volunteers this year. Our guests could not say enough about how lovely it was that the Auxiliary continues this tradition for the hospital. We were also pleased this year that there were enough goodies to provide additional trays to be taken to areas of the hospital (Emergency Department, several of the ICU areas and the surgery centers) where staff really cannot take time out of their busy day to come to our event. The trays were gratefully received by everyone.



Overlook employees and staff enjoying baked goods and treats served at the Auxiliary Cookie Reception.



SU Twig 21 members spreading Holiday Cheer and serving up delicious treats.

HAPPENINGS

A SIMPLE CHRISTMAS TRADITION  
A HEARTFELT APPRECIATION

...My husband lit the fire and we cried with relief that I was home three days before Christmas. What comfort. So Christmas Eve around 10 o'clock, hovered under my scarf and masque and gloves and wig, my husband drove me back to the hospital where I delivered my gratitude to the dedicated night nurses. The same nurses I'd had that week were on duty, even the one with the two young daughters who would not see their mother until Christmas morning. I will never forget the quiet on the ward, the beeps and hums of machines, the dim lights, and on my right as I hurried away, the beautiful Christmas tree you put there just for me and all of us who were appreciating our life differently from before. And there was the beautiful tree saying goodbye as I hurried back to the elevator and the Christmas Eve fresh air...

Above is a portion of an e-mail received from a friend to a friend of Summit Twig 21.



THANK YOU FROM PALLIATIVE CARE

December 19, 2014

Dear Presidents and Auxiliary Members,

On behalf of the palliative care program, I want to wholeheartedly thank you for your continued generous support for our comfort care basket initiative. Because of your support, we were able to deliver baskets to 65 patients and families who had received a palliative care consultation. These patients were all facing either imminent death or living with a life limiting illness. Perhaps we will even give a few more during this last few days of the year.

Although this is just a small percent of the patients we serve, without your support we would not have been able to make this gesture which gave comfort to those patients and families who often feel abandoned and confused at life's end. Each basket was individually created with items that could give comfort to either/or the patient and family. Items most often included were food, massage creams and aroma products, journals, personal items and diversions. The baskets are augmented by donations of hand knit/crochet blankets and shawls. The combination of these goods, makes for a full and joyous basket.

It was particularly gratifying for me to deliver the baskets and watch the joyful reaction of the patients and families. The palliative chaplain and CPE students also deliver the baskets. The gift shop, our partner in this effort, creates the most beautiful baskets with tender loving care. I do believe the expression of kindness by everyone involved is communicated to the recipients.

We were also able to purchase some small items to give to nurses who are having a rough day. Once again the gift shop helped us to identify some low cost, high comfort items like aroma balls and bath salts to raise the spirits of these tireless caregivers.

Again, thank you for your generous support.

Best,  
Nancy Gross  
Palliative Care

