

2012-2013 AUXILIARY BOARD OF TRUSTEES MEETING DATES

September 10	9:30 am	Conference Room #3
November 12	9:30 am	MAC II Community Education Classroom
January 14, 2013	9:30 am	Conference Room #2
March 11	9:30 am	Conference Room #3
May 13	9:30 am	Conference Room #4
June 10	9:30 am	Conference Room #2

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Fall *Pulse* DEADLINE: September 10
 Winter *Pulse* DEADLINE: December 10

For more information about the Auxiliary please visit us at www.oaux.org

Overlook Auxiliary
 99 Beauvoir Avenue
 Summit, NJ 07901



PULSE

Volume 8

Summer 2012

PALLIATIVE CARE AND THE AUXILIARY...PERFECT TOGETHER

Palliative care is specialized medical care for people with serious illnesses. It is focused on providing patients with relief from the symptoms, pain and stresses of a serious illness—whatever the diagnosis. The goal is to improve quality of life for both the patient and the family.

The Overlook Medical Center Palliative Care Program has been growing by leaps and bounds. Since its inception in 1999, the team has grown to become a robust service which currently sees 650 patients/families annually. Originally conceived and brought to fruition by Dr. John Gregory with Jeanne Kerwin by his side, the team now consists of 10 multidisciplinary members supported by additional clinicians throughout the hospital. The collective expertise and experience of the team members makes for a formidable and compassionate group who care for our most vulnerable patients and families. While steadily growing and improving the services the team provides to our inpatient population, palliative care is also reaching out to new groups. In 2005, a program of special palliative approach to critically ill patients was initiated. Currently there are two projects in early implementation phase. Palliative Care in the Emergency Department which helps to triage appropriate patients with emergent needs and supports care consistent with a patient's medical situation and wishes. The second project is in collaboration with oncology. Palliative Care outpatient services are being offered to patients facing a challenging cancer diagnosis. Palliative Care can support symptom management as well as support decision-making going forward in the trajectory of illness. The team also works closely with the staff of the Thomas Glasser Caregivers Center, ensuring that families and friends of seriously ill patients are cared for and supported.

The most recent addition to the team is Sharon Burniston, who as of July 1st became the palliative care chaplain dedicated to the patients and families served by palliative



care through a grant given by the Overlook Auxiliary. The addition of a palliative care trained chaplain to the team will enhance how we support people facing one of life's most difficult passages. Sharon comes to us with a Masters degree in Divinity from Drew University School of Theology. She is in the process of ordination in the United Methodist Church.

Sharon has been at Overlook for the past two years completing clinical pastoral education. During that time, she worked with the Palliative team and demonstrated extraordinary skill in supporting patients, families and team members with the spiritual concerns and difficulties of facing serious illness, life's end and care giving. Sharon is a wife and mother of three young women.

The Overlook Auxiliary also supports Comfort Care Baskets used by Palliative Care for patients and families who have received a palliative care consultation. When a basket is requested, the Auxiliary Gift Shop creates a custom basket based on the specific needs of the patient or family. To date, 150 baskets have been received by appreciative patients and families.

The Palliative Care team is strong in its dedication to the philosophy and practices of palliative medicine. It is evolving, improving and creating new pathways to serve patients and families. The objective of palliative care is to relieve suffering and provide the best possible quality of life for both the patient and their family. The Overlook Auxiliary's objective is to assure Palliative Care of their continued support as they move forward.

A LETTER FROM THE PRESIDENTS



Dear Auxiliary Members,

With summer ahead of us and thoughts of relaxation dancing in our heads, we take a moment to reflect on the past year; the highlight of which was our very successful Kitchen Tour. With your help we raised \$33,000 from the tour itself plus an additional \$4,000 and counting from individual Twigs. A check for \$37,000 was presented to Dr. Brian Slomovitz at our Annual Spring Luncheon in May.

Speaking of our luncheon, it was as always a great way to get together. The J.McLaughlin fashions were perfect for summer wear and the models, both "male" and female were gorgeous. Also, Camp Clover is looking ahead to another successful week in August. What can we say about the Gift Shop & Bloom except they are the bedrock of the Auxiliary. They had their most successful year in 2011 and are about to repeat that in 2012. Kudos to all who work and volunteer there.

As we all relax with that good book we never found time to read over the winter or enjoy a leisurely stroll along the boardwalk at the Jersey Shore, some plans ahead for the fall include an Auxiliary sponsored blood drive, the Jones Coat Sale, a vendor sale or two and of course our much looked forward to Holiday Cookie Reception just to name a few. Our Twigs are full of surprises and great ideas so who knows what we can expect.

None of this would be possible if it were not for all your hard work and time given so freely as volunteers. Our thanks to each and every one of you. We wish you a wonderful summer and look forward to welcoming you back in September, recharged and ready to tackle another year.

Happy Leisurely Days,

Elsa

&

Peggy

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HEARTFELT CONDOLENCES

To Auxiliary member Lenore Ford on the passing of her mother, Margaret Calabrese.

To Auxiliary Past President (1979-1981), Jane Rech on the passing of her husband, William.



VOLUNTEER SERVICES

VOLUNTEENS!

Teen volunteers who are interested in working in the Pediatric Activities Center on evenings and weekends are in great demand. Please help us to change the experience of hospitalized children. If you are a babysitter ... or a sibling...you may be qualified for this unique volunteer role. Training and adult supervision will be provided.



VOLUNTEER MUSICIANS

Bring healing to our patient visitors and staff with the soothing sounds of music! Pianists, vocalists, violinists, harpists and guitarists are all in great demand! Piano music in our atrium lobby creates a healing and welcoming environment! But, we hope to bring music to our patient care areas as well. Please volunteer to help us! Music creates a calm and healing environment!

MESSENGER ROOM - EXPANDED HOURS

The help of our messenger room volunteers is invaluable throughout the day. We would like to expand the opportunity for service in the evening as well. Please consider joining an evening shift on weekdays from 4:30-7:30pm. This is a peak time for patient discharges, and evening volunteer assistance with discharges will help expedite the availability of rooms for patients waiting in the ED.

BEDSIDE COMPANION PROGRAM

If you are caring and compassionate with a fondness for older adults, this may be the perfect volunteer experience for you! You can touch someone's life just by being there to listen and provide brief companion visits! Training will be provided to prepare you to comfortably perform this volunteer role.

If you are interested in learning more about any of our volunteer opportunities, please contact Sue Thomas, Manager of the Patient Experience and Volunteer Services at 908-522-2841 or Sue.thomas@atlantichalth.org

Thank you!

VOLUNTEER SERVICES

A SPECIAL MESSAGE....



VOLUNTEER OPENINGS - IMMEDIATE AVAILABILITY

The **Gift Shop** is in need of help with sales and data entry!

The **Traveling Gift Cart** needs a cheerful volunteer to treat patients to a bedside visit and an opportunity to purchase magazines, toiletries and sundries.

Bloom needs a Monday volunteer to receive and prep deliveries from florist!

The **Emergency Department** seeks assistance days, evenings and weekends!

The **Information Desk** seeks friendly volunteers to welcome guests and offer information/direction. Good telephone and basic computer skills necessary!

Assistant **Lobby Greeter** needed to provide wheelchair transport for guests!

Messenger Room Receptionist is needed to receive calls and make assignments.



AUXILIARY HAPPENINGS

SAVE THE DATES

FALL VENDOR SALE

Monday, September 17
8 a.m. - 4 p.m.
Wallace Auditorium

Hosted by
SH Twig #27

JONES NY COAT SALE

Monday, November 12
8 a.m. - 5 p.m.
Wallace Auditorium

Hosted by
SH Twig #17

HOLIDAY BOUTIQUE

Tuesday, December 4
8 a.m. - 5 p.m.
Wallace Auditorium

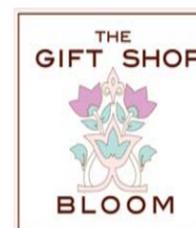
Hosted by
SH Twig #27

HOLIDAY COOKIE RECEPTION

Friday, December 7
10 a.m. - 4 p.m.
Wallace Auditorium

Hosted by
SU Twig #21

GIFT SHOP & BLOOM CORNER



Delicious scents of summer are in the air at The Gift Shop & Bloom. Lemon, lime, grapefruit and orange are in abundance in citrus soaps and pampering lotions. Slip into one of our beach cover-ups in cool sorbet colors and add a pair of bejeweled sandals and head outdoors keeping the sun at bay with a wide-brimmed straw hat. When midsummer nights call for a special look, slip on one of our whisper-weight scarves....and...who doesn't love the glamour of long chandelier earrings.

Summer fashions continue in the newborn corner. Lightweight onesies and playful rompers make great gifts. Soft, plush and adorable stuffed bunnies and bears long to be taken home and cuddled and there are lots of games and Bubble wands for outdoor play.

When hosting a wedding, summer party or a family reunion don't forget to order flowers from The Gift Shop & Bloom. Colorful flowers such as sweet william, hydrangea and celosia will brighten any table. Arrangements can be delivered locally and there is curbside pickup for your convenience. Free delivery is offered within Overlook and Morristown Medical Centers and the Summit Medical Group.

The Gift Shop & Bloom, expect the unexpected!

908-522-2133 or 908-522-2117

ALL PROCEEDS BENEFIT PATIENT SERVICES

TWIG HAPPENINGS

SH Twig 17

On May 15th members of SH Twig #17 gathered for their annual spring luncheon at Rock Springs Country Club in West Orange. Following a short business meeting, Steve Stone, Chairman of the Overlook Foundation Board of Trustees, spoke of the many new innovations at Overlook Medical Center. Steve, the son of Jan Stone, thanked the members for their fundraising endeavors and praised the Auxiliary for their accomplishments.

Following the luncheon, the Twigs surprised June Carver with a cake to celebrate her birthday.



Front Row (L to R): *Jan Hagemann, Betty Ochs, June Carver, and Julie Planck.*

Back Row (L to R): *Betty Allen, Vi Wilcock, Carol Charles, Linda Piccininno, Lolo Francis, Shirley Sarpi, Estelle Naunton, Mary Lee Greenlee, and Jan Stone.*

SU Twig 3

Members of SU Twig #3 enjoy actively participating in events benefiting the Overlook Community. Our outreach includes decorating and un-decorating our hospital Christmas trees, baking the Fools Toffee for the Holiday Reception and getting together for the Pampered Chef fundraiser. However, while supporting the Auxiliary and Twigs, the annual Spring Luncheon is unquestionably the "signature event" for SU Twig #3. Our usual luncheon format features a speaker, but this year caution was thrown to the wind and we had a fashion show instead!

Partnering with J.McLaughlin's Summit Store and using Auxiliary members as models to showcase the beautiful and versatile spring 2012 line the runway was graced by Twig models Mary Ann Bauer, Marilyn Chambeau, Cindy Hurley, Marianna Hurrell, Jen Kulp and Peggy Schreck. To add to the fun they were joined by off spring Matthew & Patrick Bauer, John & Will Beckett, Katherine Childers and Clair Lawler along with Jonathan Gray who enhanced the runway experience with his amazing DJ skills. Our models stole the show, but the incredible comedic talent of Stacy Beckett at the podium created a genial atmosphere to share with our Auxilian fellowship.

Our Basket Raffle was chaired by Lambi Newsham & Marilyn Chambeau and was complete with fabulous items purchased with funds contributed by Twig members. I am happy to report that yours truly (Christina Amundson) finally won the Keurig coffeemaker coveted for years.

The Spring Luncheon is not all fun and games as it also serves as the Annual Meeting for the Overlook Auxiliary – a time when we come together to conduct serious business and wrap up the year's hard work. Anne St.Clair presented a check to Dr. Slomovitz for Overlook's Ovarian Cancer Research Center, Dorothy Butler reported on the Gift Shop & Bloom and presented a check to the Auxiliary Co-Presidents and the Auxiliary membership amended Bylaws to simplify the process of making conforming corrections and we elected the new Overlook Auxiliary Board.

The Spring Luncheon is a time for all attending Auxiliary members to reconnect. See you at the Spring Luncheon next year.

TWIG HAPPENINGS

SU Twig 4



Front row (L to R): *Jane Schapker, Meredith Guida, and Natalie Dougherty.*

Back row (L to R): *Marni O'Connell, Kelly Iacovelli, Katrina Walsh, Anne St.Clair, Virginia Cepeda, and Hadley Peterson.*

Cinco de Mayo came to the Chatham Fish and Game Club on May 4th. Hosted by SU Twig #4 the purpose of the get-together was to raise funds for the Ovarian Cancer Research Project at Overlook Medical Center. With over one hundred guests, the event was well attended and raised more than \$2,000 for the research project.

The Club was decorated with festive plants, chili peppers and sombreros. Food included a wide variety of delicious Mexican hors d'oeuvres from Creativa...and of course the night wouldn't have been complete without the frosty margaritas.

The mission of SU Twig #4, comprised of women from Chatham, New Providence and Summit, is to enhance the experience of women and children when they visit Overlook Medical Center.



SU TWIG #5



On April 28th an anniversary celebration of Atlantic Hospice sponsored by SU Twig #5 took place at the Fairmont Country Club in Chatham. Atlantic Hospice was founded in 1977 as Overlook Hospice. The evening honored the hospice's founders, Dr. Arthur McLellan and Barbara Ward Marin, along with community supporters and mentors, Scott Bradley and Gary Fisch. Live music, dinner and a gift auction completed the evening with 190 people attending.

Proceeds from the evening will help fund Camp Clover in August.

Camp Clover, a free week-long bereavement camp for children ages 7-15 will be held at Camp Riverbend in Warren from August 20th-24th. This camp features trained volunteers and staff who provide fun-filled camp activities in an atmosphere that supports the grief of these children.

For more information, call Atlantic Hospice at 973-379-8440.