

2015 AUXILIARY BOARD OF TRUSTEES MEETING DATES

May 11	9:30 am	Conference Room #3
June 8	9:30 am	Conference Room #3
September 14	9:30 am	Conference Room #3
*November 9	9:30 am	Conference Room #3

***Mandatory** Twig
Representation Meeting

The PULSE is published quarterly by the Overlook Auxiliary, Summit, NJ 07901

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Summer 2015 Pulse DEADLINE: June 8
Fall 2015 Pulse DEADLINE: September 14

For more information about the Auxiliary please visit us at www.oaux.org

Overlook Auxiliary
99 Beauvoir Avenue
Summit, NJ 07901



PULSE

Volume 19

Spring 2015

100 YEARS AND BEYOND

LIGHTS, CAMERA, ACTION!!! On April 1st (we kid you not) HomeTowne TV will descend upon Overlook Medical Center to film Auxiliary "hot spots", aka Auxiliary Volunteers in action. The Auxiliary logo has been made fresh with additional wording "Celebrating 100 Years" and we've had a large banner placed on the fence as you turn onto Morris Avenue from Summit Road proclaiming to the world we are 100 years young! We are now getting ready to put some of our achievements on a video to share with our members, our community and the public at large.



And we have so very much in which to be proud. From our Gift Shop & Bloom to the Thomas Glasser Caregivers Center, the refurbishing of the third floor Oncology Lounge, to our raising of funds for the Valerie Center. The Auxiliary has funded the Lobby Music Program, purchased numerous bladder scanners and blanket warmers for various departments as well as contributions to many endowments.

One could get lost among the photos and other memorabilia which the Auxiliary has in storage. Looking at the playbills and pictures from the Follies, it is clear that we were a very talented group of volunteers with song and dance and very talented in raising money for the hospital. The Follies were one of our most enjoyable fund raising efforts both for the performers and for those who attended.

In the early days of being responsible for the sewing of all linens used at Overlook to the showcasing of kitchens in the Summit and Short Hills area, the Auxiliary has gone through many changes. From a beginning of 16 civic minded ladies to a peak of approximately 1700 members, the Auxiliary continues to live up to its Mission Statement: *The Overlook Auxiliary is a volunteer organization cultivating a compassionate and comforting environment throughout the entire Medical Center community with active volunteering and imaginative fundraising.* As we begin to kick-off the celebration of the Auxiliary's 100 years of community service, we lead with our new catchphrase: "Commitment, Challenge and Compassion".



Several special events are planned over the next many months. We will have a dynamic speaker and author at our May 2015 Spring Luncheon, Auxiliary Memorial Day Walk on Memorial Day, A September Cocktail Party and a New Membership Tea in October. Additional events will be announced by the Auxiliary as we continue along the path of 100 years and beyond!

The Overlook Auxiliary is a volunteer organization cultivating a compassionate and comforting environment throughout the entire Medical Center community with active volunteering and imaginative fundraising.



A LETTER FROM THE PRESIDENTS



Greetings One & All,

Can you believe it is finally spring. For a while we all thought this would never happen. So what do we have to look forward to in the coming months?

First up we have our Spring Luncheon and Annual Meeting. To help us kick off our 100th Anniversary a special guest speaker is in the works so mark your calendars for May 14th and save the date for a great luncheon.

Following our celebratory luncheon in May, on September 10th we will celebrate 100 years young with a cocktail party. Then in October the Auxiliary will host its biennial Kitchen Tour to benefit Eating Disorders focusing on children 8-12 years of age. The date is October 22nd and in a few months we will be asking for volunteers to staff the homes.

In October we also plan on having a New Member and Welcome Tea. Currently we have a membership of approximately 350 members. Diane and I are pleased to welcome NP Twig #10 chaired by Karen Canniffe to the Auxiliary family. Our Twigs provide hands on service to Overlook Medical Center taking their cues from the Wish List posted on the Website. The list contains the important needs of what is needed now.

In early April our new Gift Shop & Bloom annex on the 4th floor outside the Cafeteria will be opening. Our hope is that MAC I & MAC II personnel will find it an easy place to shop as there is not always enough time for them to get up to the 5th floor. Watch for our Grand Opening Celebration!

We look forward to sharing an exciting celebration for our 100th with you and wish you all a happy and warm spring.

Elsa elsab2141@aol.com & Diane djswett@comcast.net

(ADDITIONAL DONATIONS)
***REVISED 2014 TWIG GOALS MET**
***\$56,129.00**

	SU # 2	\$ 2,700	Hospice/Homecare
	SU # 5	10,000	Hospice/Homecare
	SU #22	800	Auxiliary General Fund



2015 Dues

The Auxiliary would like to thank the following members for the "extra" donation included in their dues:

Mona Baldwin
 Mary E. Fiander
 Ellen Kalas
 Cathy Stanzione

VOLUNTEER SERVICES

THE HEALTH SCIENCE LIBRARY (CLIP PROGRAM)

Friendly volunteers are needed to visit patient rooms to offer free informational research on health conditions and treatments. (Training will be provided).



BEDSIDE COMPANION PROGRAM

If you are caring and compassionate with a fondness for older adults, this will be a very rewarding volunteer experience for you! You can touch someone's life just by being there to listen and provide brief companion visits! Training will be provided to prepare you to comfortably perform this volunteer role.

EMERGENCY DEPARTMENT

Volunteer positions are available immediately in our Emergency Department at the Summit and Union campus. Please make a commitment to enhance the experience of Emergency Department patients through kindness and human contact. Personalized orientation and training will be provided. If you are a retired healthcare professional who is comfortable in a clinical setting, this experience is ideal for you.

VOLUNTEER MUSICIANS



Your musical talent can bring healing to our patients, visitors and staff! Pianists, vocalists, violinists, harpists and guitarists are all in great demand! Music in our atrium lobby enhances the welcoming environment! Please volunteer to perform at Overlook and enhance our healing environment!

If you are interested in learning more about any of our volunteer opportunities, please contact Sue Thomas, Manager of the Patient Experience and Volunteer Services. 908-522-2841 Sue.thomas@atlantichhealth.org.

VOLUNTEER SERVICES

“What we do for ourselves dies with us – what we do for others remains, and is immortal!”
Albert Pike

OVERLOOK MEDICAL CENTER PROUDLY CELEBRATES ITS DEDICATED VOLUNTEERS

At Atlantic Health, 2015 is the *Year of Community*. We are proud to celebrate our wonderful *Community of Overlook Volunteers*. Our Overlook volunteers bring human kindness and compassion to every volunteer role. In recognition of National Volunteer Week (April 13-17), we celebrate, with gratitude, the caring and generosity of spirit of our amazing Overlook Volunteers!



On **Friday, April 17** we will host our Annual Volunteer Appreciation Luncheon and Awards Presentation for active volunteers who have earned over 250 hours of service by December 31, 2014. The event will be held from 12:00 - 2:30 pm at The Primavera Regency in Stirling. Invitations will be mailed to the home address of eligible volunteers. We ask that you reply by the RSVP date with your preference for seating to better enable us to accommodate your requests to be seated with friends. We look forward to celebrating with you!

Nothing teaches hope, kindness, courage, and compassion like helping others!
Author Unknown

SPRING INTO ACTION AND MAKE A DIFFERENCE!

Spring is a time for growth ...and we'll give you the opportunity to bloom and flourish at Overlook!

Becoming a volunteer brings great satisfaction and a wonderful sense of fulfillment and appreciation.

We have many unique and specialized volunteer opportunities. We can match your skills and interest for a great and meaningful assignment. Overlook welcomes all new volunteers! Making a commitment to help others will surely change your life in the process! If you are interested in becoming a Overlook Medical Center volunteer, please call Gwen Dabney, Administrative Assistant, Volunteer Services to request an application! 908-522-2099 Gwendolyn.dabney@atlantichalth.org

VOLUNTEER OPENINGS – IMMEDIATELY AVAILABLE!

Clerical Volunteers are needed to collate blank charts, assemble presentation packets and file.
Gift Shop Volunteers are needed to help with inventory, register sales and travelling gift cart!
Information Desk Volunteers are needed to welcome guests and offer information/direction.
Messenger Room Volunteers are needed daily to run errands throughout the medical center.
Patient Relations Volunteers are needed to make welcome visits to patients.



AUXILIARY HAPPENINGS

2015 SAVE THE DATES

SPRING VENDOR SALE

Tuesday, May 5
8 a.m. - 5:00 p.m.
Bouras Auditorium

Hosted by
SH Twig 27

Fall Vendor Sale

Friday, September 11
8 a.m. - 5:00 p.m.
Bouras Auditorium

Hosted by
SH Twig 27

Apostle Shoes Sale

Tuesday, October 6
8 a.m. - 5:00 p.m.
Bouras Auditorium

Hosted by
SH Twig 27



Please like our page "Overlook Auxiliary". This will help promote the Auxiliary and remind the community of our events. It may also help us recruit new members and Twigs!

WHAT'S TRENDING AT THE GIFT SHOP & BLOOM?



(Gift Shop Manager) and her staff have been filling the new space with lots of new merchandise. Please stop by and visit!

The Gift Shop has gorgeous vegan handbags by designer, David Jones! Spring colors of aqua, lavender, and pink have been such hot sellers that a second order had to be placed! Don't wait – they will sell out again! Spring scarves and jewelry have also arrived – the colors are cheerful and bright and will be a wonderful addition to your wardrobe. Gorgeous tunics in unique patterns will be perfect for that cruise or tropical vacation!

Are you familiar with Woodstock Chimes? Woodstock Chimes offers a unique variety of high quality, affordable musical gifts from around the world that inspire, entertain and bring pleasure to people of all ages. The Gift Shop has melodic wind chimes on display and crystal sun-catchers that are bright and sparkly.

Tulips in Bloom have been a cheerful reminder that spring is on the way. Colorful vintage bottles filled with Gerbera daisies or brightly colored roses are a perfect bedside companion or gift for anyone! Fun new containers have arrived for a more novelty oriented creation. Our ever

popular “smiley face” is joined by a cute owl container this season. Fill them with bright Gerberas for an instant smile. Bloom also has dish gardens and green and blooming plants in colorful ceramic cachepots. You can place your order for your custom floral design and have it delivered, or choose curbside pickup (we'll bring it out to your car, curbside). We are also in the midst of wedding and party season, so please think of Bloom when you need to order centerpieces for your event.

The Gift Shop is in need of **volunteers** for many regular shifts. We **need** volunteers to staff both locations. Our family of volunteers love working at The Gift Shop & Bloom, as they have fun, they shop, and they meet new friends. Please contact Mary Damiano or Gwen Dabney (Volunteer Services) for more information.

Remember, The Gift Shop & Bloom offers free delivery to many Atlantic Health System locations, as well as Summit Medical Group. Delivery available to Summit and neighboring towns for a nominal fee. Curbside pickup available for gifts and flowers. The Gift Shop & Bloom is **YOUR** Auxiliary gift shop, raising funds to support vital patient services. We thrive on and appreciate your support.

Have you seen our website? We are celebrating its one year anniversary! Visit <http://www.bloomatoverlook.com>.

Do you have a question or comment for us? “Like” our Facebook page! Is there something you would like to see us carry in our shops? Let us know! We welcome your feedback.

TWIG HAPPENINGS

SH Twig 27

Short Hills Twig 27 has had a very busy start to the year. Many thanks go out to those who supported our *Jones NY Coat Sale* in February. Proceeds from this sale exceeded \$700 and our much anticipated *Apostle Shoe Sale* in March netted over \$400 for Overlook Medical Center Patient Services.



As planning continues for our *Spring Sale* on **May 5th**, we foresee warm and sunny weather to greet all who venture into Overlook's Bouras Auditorium. Please join us in making this sale another huge success!

AUXILIARY HAPPENINGS

PREPARATIONS FOR 2015 KITCHEN TOUR IN FULL SWING

PROCEEDS TO BENEFIT THE EATING DISORDERS PROGRAM
GORYEB CHILDREN'S CENTER AT OVERLOOK MEDICAL CENTER

One of our biggest fundraisers, The Overlook Auxiliary Kitchen Tour, has been raising money for different areas of Overlook Medical Center for over 50 years. You will not want to miss this year's impressive line-up of some of the area's most beautiful homes. The kitchens on the tour have all been designed and decorated by the most elite architects, decorators, designers and builders in the area.

The homeowners will graciously open their homes to raise funds for the Eating Disorders Program at Overlook Medical Center - the only medically based program in New Jersey to provide comprehensive treatment exclusively for adolescent patients, between the ages of 12 and 21 years, with anorexia nervosa, bulimia nervosa and related disorders as both inpatients and outpatients. The Eating Disorders Program is also one of the few in the U.S. utilizing family-based treatment principles, providing extensive training and support to parents, who are essential and integral to their child's recovery.

By showcasing some of the beautiful homes in the Summit, NJ area, we aim to raise significant funds for The Eating Disorders Program, which will specifically help to support expansion of the Program for patients aged 8 to 12

years old, an increasingly growing age group of patients with very limited treatment options within the U.S. available to meet their age-specific needs.

Please save the date, October 22, 2015, for Overlook Auxiliary Kitchen Tour. Contact Co-Chairs, Laura Bojanowski or Christina Goulding at OAUXKitchenTour15@gmail.com with questions or for additional information regarding the tour.



AUXILIARY HAPPENINGS

NOTICE OF ELECTION AND VOTING

At our Spring Luncheon and Annual Meeting on **May 14, 2015**, we will be electing our new Board of Trustees and adopting changes to the Bylaws. This publication will serve as notice of this important meeting, of the proposed slate under consideration, which was recommended by the Nominating Committee, and of the proposed Bylaws amendment, which was approved by the Board of Trustees. **All voting will take place at the Luncheon and Annual Meeting on Thursday, May 14, 2015.**

2015-2016 PROPOSED BOARD OF TRUSTEES SLATE

Each office holds a two year term except where indicated, effective in June 2014

EXECUTIVE COMMITTEE

CO-PRESIDENTS	Elsa Russell	2015-2016
	Diane Swett	Current term expires 2016
CO-VICE PRESIDENTS	Meredith Guida	2015-2017
	Anne St. Clair	2015-2017
CORRESPONDING SECRETARY	Amanda Ford	Current term expires 2016
RECORDING SECRETARY	Peggy Schreck	Current term expires 2016
TREASURER	Terry Andrews	Current term expires 2016

STANDING COMMITTEES

BYLAWS	Christina Amundson	Current term expires 2016
COMMUNICATIONS (Pulse)	Elsa Russell	Current term expires 2016
COMPUTER/WEBSITE	Christine Cartisser	Current term expires 2016
EVENTS/Art at Overlook	Christina Amundson	2015-2017
GIFT SHOP LIAISON	Dorothy Butler	Current term expires 2016
MEMBERSHIP	Patti Richards	2015-2017
	Liza Tulloch	2015-2017
NOMINATING	Peggy Schreck	Current term expires 2016
PUBLIC RELATIONS & PUBLICITY	Patricia Blagden	Current term expires 2016
	Erica Melchiorre	2015-2017

PROPOSED AMENDMENT TO THE BYLAWS

The proposed amendment will permit the extension of the term of the Co-Presidents under limited circumstances:

Article VII, Section 4.A. of the Bylaws is amended to read in its entirety as follows:

The Co-Presidents shall be elected to serve for a term of two years, and shall, separately or together, be eligible for election to that office for an additional one year term. Having served as Co-President for a full three year term, either one of said Co-Presidents is barred from re-election as President for a period of two years; **provided that a sitting Co-President's term may be extended by an additional year with the recommendation of the Nominating Committee and the approval of the majority of the Board of Trustees, as ratified by a majority of the members present at the Annual Meeting.**