

2015 - 2016 AUXILIARY BOARD OF TRUSTEES MEETING DATES

*Mandatory Twig Representation Meeting	—*November 9	9:30 am	Conference Room #3
	January 11, 2016	9:30 am	Conference Room #2
	March 14	9:30 am	Conference Room #3

The *PULSE* is published quarterly by the Overlook Auxiliary, Summit, NJ 07901

Elsa Russell, Co-President, Pulse Editor	elsab2141@aol.com	908-232-5329
Diane Swett, Co-President	djswett@comcast.net	908-273-8257
Christine Cartisser, Media Consultant	ccartisser@yahoo.com	908-598-9397
Madonna Lee, Coordinator, Pulse Layout	madonna.lee@atlantichealth.org	908-522-2004

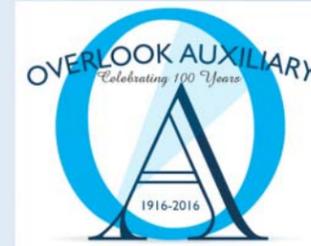
Winter 2015 –2016 Pulse DEADLINE: December 14

Spring 2016 Pulse DEADLINE: March 14, 2016

For more information about the Auxiliary please visit us at [www.oaux.org](http://www.oaux.org)



Overlook Auxiliary  
99 Beauvoir Avenue  
Summit, NJ 07901



# PULSE

Volume 21

Fall 2015

## OVERLOOK AUXILIARY 2015 KITCHEN TOUR DISPLAYS SOME OF SUMMIT'S FINEST HOMES



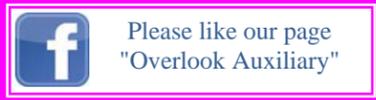
Mark your calendar! The highly anticipated Overlook Auxiliary Kitchen Tour will be held on Thursday, October 22<sup>nd</sup>. Generously sponsored by Lois Schneider Realtor and Eisai, all proceeds from the biennial tour will directly benefit the Eating Disorders Program at Overlook's Goryeb Children's Center. This state-of-the-art program provides comprehensive outpatient and inpatient services in a family-focused environment to not only treat a child or adolescent's eating disorder, but also to restore his or her emotional well-being.

Proceeds of this year's tour will go specifically towards expansion of the Eating Disorders Program for patients aged 8-12 years old, an increasingly growing age group of patients with very limited treatment options within the US available to meet their age-specific needs.

This year's Kitchen Tour will offer a wide variety of houses and kitchen styles. The time and dedication of each homeowner in creating a unique and beautiful space is evident in every kitchen on the tour. One such homeowner recently redesigned her historic 100-year old Summit Avenue home combining antique, modern, and transitional furnishings and design elements.

For additional information or tickets please contact the **Gift Shop & Bloom** at 908-522-2133.

*The Overlook Auxiliary is a volunteer organization cultivating a compassionate and comforting environment throughout the entire Medical Center community with active volunteering and imaginative fundraising.*



**A LETTER FROM THE PRESIDENTS**



As we say good bye to summer and welcome fall we hope you had a great summer. With days growing shorter and cooler our attention turns to another year of volunteering and Auxiliary events. We have already celebrated our upcoming 100 years with a grand event at Canoe Brook Country Club and we had our first vendor sale in September.

October brings our New Member/Welcome Coffee, with a Board Member graciously volunteering her home for the event. Once again seven lovely kitchens will be on display for our Kitchen Tour. This year's tour will benefit Eating Disorders for children ages 8-12. November brings the ever popular Jones New York Coat sale and we pause in our daily routines to celebrate and give thanks on Thanksgiving.

Suddenly we begin to hear persistent reminders that there are only so many days left for shopping and the hospital takes on a special glow with Holiday decorations. The annual Holiday Boutique arrives in early December followed by the much anticipated and looked forward to Holiday Reception for the employees and volunteers. Suddenly we are aware that four busy months have passed and a New Year is upon us, one in which we will officially turn 100 years "young".

We hope you are all looking forward to an exciting year, the work and time you give to Overlook Medical Center as volunteers is priceless and we cannot thank you enough. Here's to another successful year of volunteering and a *Happy Birthday* to all of us. We look great for being 100 years and we are looking forward to the torch being carried into the next 100 years.

Elsa [elsab2141@aol.com](mailto:elsab2141@aol.com) & Diane [djswett@comcast.net](mailto:djswett@comcast.net)



*Pictured left to right: 2015 Kitchen Tour Co-Chairman Laura Bojanowski, Publicity/Ad Journal Chairman Erika Melchiorre, Auxiliary Co-President Elsa Russell, Lois Schneider Realtor President and 2015 Kitchen Tour Platinum Sponsor Karen Schneider, and 2015 Kitchen Tour Co-Chairman Christina Goulding. Not pictured: Auxiliary Co-President Diane Swett. Photo courtesy of Sonia Hallam Photography.*

**2016 Dues - \$25**

**Thank you** if you have already paid your **2016 Membership Dues.**

Membership Dues paid **after December 1** are considered late and are assessed a **\$20** Late Fee.

The Auxiliary would like to thank the following members for the "extra" donation included in their dues:

- |              |                |               |              |
|--------------|----------------|---------------|--------------|
| Alice Dillon | Elsa Russell   | Mary Sheehan  | Diane Swett  |
| Madonna Lee  | Rebecca Shamim | Anne St.Clair | Liza Tulloch |

**VOLUNTEER SERVICES**

**THE HEALTH SCIENCE LIBRARY (CLIP PROGRAM)**

Friendly volunteers are needed to visit patient rooms to offer free informational research on health conditions and treatments. (Training will be provided).



**BEDSIDE COMPANION PROGRAM**

If you are caring and compassionate with a fondness for older adults, this will be a very rewarding volunteer experience for you! You can touch someone's life just by being there to listen and provide brief companion visits! Training will be provided to prepare you to comfortably perform this volunteer role.

**EMERGENCY DEPARTMENT**

Volunteer positions are available immediately in our Emergency Department at the Summit and Union campus. Please make a commitment to enhance the experience of Emergency Department patients through kindness and human contact. Personalized orientation and training will be provided. If you are a retired healthcare professional who is comfortable in a clinical setting, this experience is ideal for you.

**VOLUNTEER MUSICIANS**



Your musical talent can bring healing to our patients, visitors and staff! Pianists, vocalists, violinists, harpists and guitarists are all in great demand! Music in our atrium lobby enhances the welcoming environment! Please volunteer to perform at Overlook and enhance our healing environment!

If you are interested in learning more about any of our volunteer opportunities, please contact Sue Thomas, Manager of the Patient Experience and Volunteer Services. 908-522-2841 [Sue.thomas@atlantichealth.org](mailto:Sue.thomas@atlantichealth.org).

VOLUNTEER SERVICES

*"The greatest object in the universe, says a certain philosopher, is a good man struggling with adversity, yet there is still greater, which is the good man that comes to relieve it."*

Oliver Goldsmith

GRATEFUL FOR ALL OF THE BLESSINGS THAT OUR VOLUNTEERS BRING TO OVERLOOK

As Thanksgiving approaches, it seems a fitting time to express our most sincere appreciation for the grace and generosity of our Overlook volunteers. We are indeed blessed with a very special group, who tirelessly provide support to our patients, visitors and staff seven days per week.

Their level of commitment is inspiring and appreciated more than we can express! May their kindness and generosity be returned to them in the same beautiful way!



*"There are those whose lives affect all others around them. Quietly touching one heart, who in turn, touches another. Reaching out to ends, further than they would ever know."*

William Bradfield

CHOOSE TO MAKE A MEANINGFUL DIFFERENCE

Volunteer service blends a willingness to give of oneself with meaningful activities. The result is an incredible sense of fulfillment and appreciation.

We have many unique and specialized volunteer opportunities. We can match your skills and interest to create a meaningful assignment. Overlook welcomes all new volunteers! Making a commitment to help others will surely change your life in the process! If you are interested in becoming an Overlook Medical Center volunteer, please call Volunteer Services to request an application! 908-522-2099

VOLUNTEER OPENINGS – IMMEDIATELY AVAILABLE!

- Clerical Volunteers** are needed to collate blank charts, assemble presentation packets and file.
- Gift Shop Volunteers** are needed to help with inventory, register sales and travelling gift cart!
- Information Desk Volunteers** are needed to welcome guests and offer information/direction.
- Messenger Room Volunteers** are needed daily to run errands throughout the medical center.
- Patient Relations Volunteers** are needed to make welcome visits to patients.

AUXILIARY HAPPENINGS

2015-2016 SAVE THE DATES

**KITCHEN TOUR**

Thursday, October 22

Proceeds to Benefit Eating Disorders Program



**JONES NY COAT SALE**

Monday, November 23

9 am - 5:00 pm

Bouras Auditorium

**2015 HOLIDAY BOUTIQUE**

Friday, December 4

8 am - 5:00 pm

Bouras Auditorium

**Auxiliary 2015 Employee, Staff & Volunteer Reception**



Friday, December 11

10:30 am - 3:30 pm

Bouras Auditorium



NEW MEMBER WELCOME COFFEE

On the warm and sunny Fall morning of October 8th, a group of new and seasoned Auxiliary volunteers gathered in Amanda Ford's lovely home to begin the day with coffee, friendship and a hearty welcome to our Newcomers. It was a perfect way to relax and enjoy conversation away from the distraction of cell phones, chores and the routine of our daily lives. All food delicacies were provided by Auxiliary members and proved irresistible to all in attendance. There was a lot of sharing, discussions of potential future volunteer endeavors and the blossoming of some new friendships!



TWIG HAPPENINGS

SU Twig 5



For the past 5 years, Atlantic Home Care and Hospice, with the support of Summit Twig # 5, has been sponsoring Camp Clover, a bereavement day camp free of charge and open to children ages 7 through 15 who have experienced the death of a close relative or friend. The Breene family once again hosted this year's camp from August 24<sup>th</sup> through August 27<sup>th</sup> at their family owned property, Camp Riverbend in Warren, New Jersey.

55 children from 9 counties in the State attended this year. Surrounded by other children dealing with loss, they made new friends and began to see that they were not alone. The children were encouraged to participate in activities that help develop healthy coping skills and self-esteem. Fun camp activities also rounded out each day.

On "Family Night" the families of the campers gathered to share dinner donated by the Redwoods Restaurant in Chester. All watched a video of the week's activities; the evening ended with the children participating in a drumming circle and releasing colorful helium balloons to which they had attached their own messages.

Many thanks to the community, endless number of volunteers and the following AHS organizations; The Overlook Auxiliary, Friends of Hospice and Michael McAuliffe Memorial Fund for their generosity & kindness. With your thoughtfulness these children have found a place where they can be close to those they have lost. Camp Clover is funded solely by donations and is free to all children.

On September 27, SU Twig 5 sponsored a Sunday Brunch Cruise fundraiser which sailed from Lincoln Harbor in Weehawken, down the Hudson along the Manhattan coastline. An enjoyable afternoon was had by all who came out in support of this very popular fundraiser!



For more information or to donate please contact Michele Cameron at 201-572-9301.

NP Twig 10

Summit's Community Night always brings crowds of people to look, listen and learn. It is a great time to showcase the Auxiliary. New Providence Twig 10 members Heather Flanagan, Karen Canniffe, Alexandra Polefko and Alexandra's two young boys did just that. They carried the banner for the Overlook Auxiliary on a warm evening this past July. Their time was spent sharing information about the many volunteer opportunities available to members while subtly trying to recruit new members.



AUXILIARY HAPPENINGS

On a rainy and windy September 10<sup>th</sup> evening at Canoe Brook Country Club in Summit, many guests braved the elements in their finery to celebrate the Auxiliary's 100 years of service to Overlook and the Overlook Community. Auxiliary member Marilyn Chambeau and Canoe Brook's Director of Catering Taylor Rossi, left no detail undone. Food and drinks were plentiful and enjoyed by all.

Honored guests were Alan Lieber, President of Overlook Medical Center and Ellen Dickson, Mayor of the City of Summit. A proclamation was presented to the Auxiliary by the Mayor's office recognizing the Auxiliary as a "Good Citizen" for our 100 years of service.

What was started by 16 community minded ladies in 1916, now boasts a membership of over 300 busy and active volunteers. A few of the wonderful activities carried out by Auxiliary volunteers include: raising funds for needed departmental equipment, supplying creature comforts in the form of Love Pillows and Benji puppets to make a stay in the hospital more comfortable, operating a premier Gift and Flower Shop unlike any other in area hospitals and each year honoring the employees during the holidays with a Reception chock full of home baked goodies.

As we celebrate over the next year, we look forward and plan for our future and the next 100 years, and we continue our support for the Overlook Medical Center - a renowned center of excellence.

