

2013-2014 AUXILIARY BOARD OF TRUSTEES MEETING DATES

***Mandatory** Twig Representation Meeting

*November 11	9:30 am	MAC II Community Education Classroom
January 13, 2014	9:30 am	Conference Room #3
March 10	9:30 am	Conference Room #3
May 12	9:30 am	Conference Room #3
June 9	9:30 am	Conference Room #3

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Winter *Pulse* DEADLINE: December 9
 Spring *Pulse* DEADLINE: March 10, 2014

For more information about the Auxiliary please visit us at www.oaux.org

Overlook Auxiliary
 99 Beauvoir Avenue
 Summit, NJ 07901



PULSE

Volume 13

Fall 2013

TIME TO BUY YOUR TICKETS FOR...



The Overlook Auxiliary Kitchen Tour

Thursday, October 24, 2013
 10 am - 3 pm

Featuring the kitchens and first floors of
 an eclectic mix of lovely homes in Summit



To purchase online visit
www.oaux.org

Come and spend a morning, afternoon or both with friends, have lunch at one of our participating restaurants and visit our five lovely homes. All in all — a delightful way to spend the day.

A LETTER FROM THE PRESIDENTS

Dear Auxiliary Members,

WELCOME BACK EVERYONE!!! We hope you had a great summer, maybe traveled a bit, read a good book or just caught up with old friends and some extra sleep.

We are off to another busy year. Kudos to all who made purchases at the Gift Shop "End of Summer Sale" and helped make it a great success. Our Kitchen Tour is ready to take flight and you should have already received your invitation with information on how and where to buy tickets. Melissa and Kim have secured six lovely homes and the committee has been hard at work with publicity, descriptions of homes, permission to hang our banner and securing docents for the homes that day. We hope many of you will answer the call to be volunteer docents and also have an opportunity to visit some of the homes and perhaps lunch at one of the participating restaurants...and...by all means cross your fingers for great fall weather!



Following soon after is the Jones New York Coat Sale and then before you know it - Thanksgiving is upon us. On to our Holiday Boutique the first week in December and a week later is our Holiday Cookie Reception, a much anticipated event by Overlook staff and volunteers alike.

Amanda Ford and Terry Andrews were our summer angels who made sure the Oncology Teas continued while many of us were relaxing. If your Twig would like to participate in this very worthwhile activity, please let us know.

These are just some of the highlights for the next few months. If you are planning any events, please send information to both Christine Cartisser (ccartisser@yahoo.com) and Christina Amundson (macfmly2go@gmail.com). Christine will post it on our web site, and Christina will post to our NEW master calendar (see "A Message from Our Events Chairman" on page 3).

Below is a small write-up on the Auxiliary funded Palliative Care Baskets. This is an on-going project between the Auxiliary, the Gift Shop and Palliative Care, and a program which means so much to patients and families alike.

We are looking forward to an exceptional year and with your help and commitment, we will take the Auxiliary and Overlook to new heights! Thank you for all you do to help!

Elsa elsab2141@aol.com

Diane djswett@comcast.net



Please like our page "Overlook Auxiliary". This will help promote the Auxiliary and remind the community of our events. It may also help us recruit new members and Twigs!

KNITTING FOR PALLIATIVE CARE



At Rainbow Lakes in Denville, a group calling themselves "The Ladies of The Lake", have for the past two years been donating their handmade lap blankets, shrugs and larger blankets to Overlook Medical Center.

These beautiful gifts are used in the Palliative Care Comfort Basket Program.

An individual handmade item is selected to become the centerpiece of a personalized comfort basket to be gifted to a patient. In addition to the crocheted item, comforting gifts

such as aroma therapy products, healthy dark chocolate, journals and inspirational plaques are packed into a beautifully wrapped package.

The Overlook Auxiliary and the Overlook Gift Shop support this project partnering with the Palliative Care Program. As the baskets are delivered to patients and families, there is always a look of surprise and then great joy. Many are so appreciative to be remembered during such a very stressful time in their lives and the lives of their loved ones.

VOLUNTEER SERVICES

MESSENGER ROOM - URGENT NEED - WEEKDAY EVENINGS!



The role of our messenger room volunteers is vital to assist in discharging patients throughout the afternoon. We have an urgent need to extend our afternoon hours until 6:00 pm to assist with discharges late in the day. Please contact us if you can volunteer anytime in the afternoon, and especially from 4:30 - 6:00 pm on any weekday.

BEDSIDE COMPANION PROGRAM

If you are caring and compassionate with a fondness for older adults, this may be the perfect volunteer experience for you! You can touch someone's life just by being there to listen and provide brief companion visits! Training will be provided to prepare you to comfortably perform this volunteer role.

EMERGENCY DEPARTMENT

Volunteer positions are available immediately in our Emergency Department at the Summit and the Union campus. Please make a commitment to change the experience of Emergency Department patients through kindness and human contact. Personalized orientation and training will be provided. If you are a retired healthcare professional who is comfortable in a clinical setting, this experience may be perfect for you.

VOLUNTEER MUSICIANS

Your musical talent can bring healing to our patients, visitors and staff! Pianists, vocalists, violinists, harpists and guitarists are all in great demand! Music in our atrium lobby enhances the welcoming environment! Please volunteer to perform at Overlook and enhance our healing environment!



If you are interested in learning more about any of our volunteer opportunities, please contact Sue Thomas, Manager of the Patient Experience and Volunteer Services. 908-522-2841 Sue.thomas@atlantichealth.org

VOLUNTEER SERVICES

THERE'S NO PLACE LIKE HOME

In July, the Volunteer Services Department moved to their new home on the 5th Floor! It was a great home-coming celebrated with sparkling cider mimosas and Philly Fluff! Happily back on the 5th floor, our volunteers are enjoying a larger space with lots of light and windows. Our new space has made a lovely home for the historic Overlook Volunteer mural. Sincere thanks to the leadership of Overlook Medical Center, and Marty Manfredo and his construction team for our beautifully renovated new space!



MANDATORY VOLUNTEER ANNUAL TRAINING!

As vital members of the Overlook team, all volunteers are required to complete their annual mandatory training by November 30, 2013 in order to maintain their active volunteer status. In the past, this could only be done by completing paper educational modules. This year, a computer has been installed in the volunteer office as an alternate option. Please contact Gwen to request a paper training packet...or to request instructions on how to complete the training modules on the computer.

“Dedicate your life to a cause greater than yourself, and your life will become a glorious adventure.”
Mack Douglas

Overlook welcomes all new volunteers! Making a commitment to help others will surely change your life in the process! If you are interested in becoming an Overlook Medical Center volunteer, please call Gwen Dabney, Administrative Assistant, Volunteer Services to request an application!
908-522-2099 Gwendolyn.dabney@atlantichhealth.org

VOLUNTEER OPENINGS - URGENT NEEDS!

The **Gift Shop** is in need of help with register sales and travelling gift cart!
The **Information Desk** seeks friendly volunteers to welcome guests and offer information/direction.
Messenger Room Receptionist is needed to receive calls and dispatch assignments to volunteers on duty
Messenger Room Volunteers are needed daily to run errands throughout the medical center.
The **Pediatric Activity Center** seeks adult and teen volunteers.

AUXILIARY HAPPENINGS

SAVE THE DATES

JONES NY COAT SALE

Thursday, November 14
8 a.m. - 5:00 p.m.
Bouras Auditorium

Hosted by
SH Twig 17

HOLIDAY BOUTIQUE

Thursday, December 5
8 a.m. - 5:00 p.m.
Bouras Auditorium

Hosted by
SH Twig 27

COOKIE RECEPTION

Thursday, December 12
10:30 a.m. - 3:30 p.m.
Bouras Auditorium

Hosted by
SU Twig 21



A MESSAGE FROM OUR EVENTS CHAIRMAN

As the Auxiliary Events Chairman, I would like to put together an Auxiliary Calendar where members can go and visually see what is occurring within the Auxiliary. Some events involve only your Twig, some are Auxiliary-wide and some are run by a Twig with the support of other Auxiliaries. These include vendor events, volunteer baking, holiday decorating and more. If your Twig is planning an event and would like the support of other twig or auxiliary members, please contact Christina Amundson at macfmly2go@gmail.com to put the event in our Auxiliary calendar.



For the last fifteen years the Overlook Auxiliary has had an “Art Gallery” located in the hallway from the main elevators on the 5th floor continuing all the way down the Administrative hallway.

The gallery exhibits original works by local artists and changes on a quarterly basis under the stewardship of the Art at Overlook Committee consisting of Christina Amundson, Pat Blagden and Patti Richards with the thoughtful support of Madonna Lee. The Gift Shop processes these sales with Mary Damiano and her volunteers taking payments and carefully wrapping the art works. Our existing exhibition, entitled “Journeys and Perspectives”, includes original works of artists ranging from college students to retirees. It will be in the gallery until October 6th. The next exhibition will go up the following day and will be in the gallery until the first week in January.

The Art at Overlook Program has two important purposes:

1. It provides creative respite for staff, caregivers and patients.
2. It raises funds for continuing cancer care, if a piece of art is sold the artist donates 20% of the sale.

The Art at Overlook Committee owes a great debt to the massive work of KyleAnn Ledebuhr who ran the program for the past twelve years as a labor of love dedicated to her late mother and who built up a great deal of good will with local groups of artists.

Feel free to wander down our “gallery” and enjoy the beautiful artwork!

TWIG HAPPENINGS

SH Twig 27

SH Twig 27 is so happy to have shared the past 36 years of volunteering with our many members. We are sad though to bid adieu to one of our founding members, Elle Dackis. Elle will be sharing her time and talent in Bethesda, Maryland beginning in October. We will miss Elle's presence and the taste of her very famous homemade oatmeal cookies which she always made available for workers and visitors alike.



As has become the tradition for SH Twig 27, the summer was focused on interviewing vendors and evaluating new merchandise in the hopes of enticing our hospital community. It's full steam ahead for our very popular Fall Vendor Sale in September and our annual Holiday Boutique in December. An attempt was made to have a repeat appearance of our well received Amish Farmer, but unfortunately for us, his busy time is the fall so he doesn't travel again until spring. We will keep you posted!

SU Twig 3

It is with pleasure that SU Twig 3 can report the proceeds from the Spring Luncheon have been evenly distributed between Ovarian Cancer Research and the Eating Disorders Program, two important Auxiliary initiatives. We are now in the process of planning the 2014 Spring Luncheon and annual meeting. Our Twig looks forward to supporting the Kitchen Tour to benefit the Valerie Fund at Overlook Medical Center on October 24th. We hope you will join us that day.

SU Twig 5



Camp Clover, Atlantic Hospice's bereavement day camp for children ages 7-15, was held for the third year at Camp Riverbend in Warren. The Breene family, owners of the camp, graciously opened the beautiful

grounds to the children for a week of fun activities, for making new friends and for opportunities to process their grief. It was made possible for seventy children to attend through the fundraising efforts of Summit Twig 5, the generous support from the Overlook Auxiliary, numerous other Twig groups and donors from the community.

SU Twig 21

Kudo's to SU Twig 21 who on May 19th celebrated 30 years of dedicated service to Overlook Medical Center. The celebrants, including "alums" from the past, gathered at the home of Connie and Bob Dwyer of Short Hills. A merry time was had by all.

Congratulations to one and all and thank you for all you do for Overlook.



AUXILIARY HAPPENINGS

WHAT'S TRENDING AT THE GIFT SHOP & BLOOM?



What's Trending at the Gift Shop & Bloom?! BEES are trending at the Gift Shop & Bloom! We have partnered with Food and Nutrition to make products from Overlook's bees available in our Shop. At the moment we are selling Overlook Fresh organic lip balm produced from the bees, as well as solid beeswax lotions and a vapor rub. Soon to come is a "face whip" moisturizer.

Charlie Paige's fall/winter line fashions have arrived. Overlook's own modeled the Charlie Paige line for photos on the Gift Shop & Bloom's Facebook page creating such a sensation that several items sold out and had to be reordered to meet demand. His poncho tops are available in a variety of warm colors to accent everyone's autumn wardrobe. The Cape Wrap is also popular – it is a lighter weight and looks great with both jeans and trousers. Accessories include scarves in jewel tones, pashminas and infinity scarves all of which can be paired with matching hats, gloves and mittens. Passion handbags and equestrian style clutches are a perfect accessory to our fall fashions.

Then there are our Snoozies, not socks nor slippers but warm and cozy foot coverings with a brushed fleece exterior and lined with a soft Sherpa fleece inside. They are washable, non-shrinking and have rubber dotted soles for traction. Customers love them and this year new additions include the Snoozies fleece robe, cotton Henley pajama tops and matching fleece pajama bottoms so...snuggle in complete comfort!

It won't be long before our very unusual Christmas ornaments will be dancing around our tree. All ornaments and Christmas and Hanukah items are carefully chosen with special attention paid to uniqueness, quality and price. Browse through the wonderful selection of fabulous faux jewels. You'll find our earrings stunning and sparkling, and there is always a plentiful supply of clip-ons and allergy-free earrings. Our collection of fashion watches runs from prim and proper to pure glam statements. Many customers choose this time of the year to stock up on our new selection of cards for virtually all occasions. Cards are carefully selected and extremely reasonable. Come and be surprised!

Autumn hues are now in abundance in Bloom. Autumn flowers are a favorite so treat yourself to a unique arrangement for your Thanksgiving table or send a gift to a friend or colleague. Many designs can be viewed on the Gift Shop & Bloom Facebook page for inspiration but because of availability no two are alike (unless ordering for an event!). Choose Bloom

for your next party and get the finest quality flowers available. Curbside pickup is easy, as well as local delivery for a nominal fee. As always, complimentary delivery is offered to all Atlantic Health System locations and the Summit Medical Group.

Please "like" the Gift Shop & Bloom's Facebook page, where you will find contests, promotions and a fan favorite featuring volunteers! Please share our page with your friends and family and spread the word about our fabulous shop. Interactions and comments are encouraged on the Facebook page as we would love to hear from you.

Back to our bees for a moment: as noted, Overlook is the proud host to two thriving bee hives! You can view them on the roof from the Summit Restaurant windows. Bees have been dying off around the world since the mid 1990's. Without bees to spread seeds, many plants, including food crops would die off. Bees help to produce some of our favorite foods – apples, oranges, broccoli, onions and almonds to name just a few, pollinating over thirty billion dollars of US crops annually.

The Gift Shop & Bloom distinctive gifts and flowers for all occasions.

908-522-2133 or 908-522-2117

