2013 Auxiliary Board of Trustees Meeting Dates

May 13  9:30 am  Conference Room #4
June 10  9:30 am  Conference Room #2
September 9  9:30 am  Conference Room #3
November 11  9:30 am  MAC II Community Education Classroom

Mandatory Twig Representation Meeting:

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Summer Pulse Deadline: June 10
Fall Pulse Deadline: September 9
Winter Pulse Deadline: December 9

For more information about the Auxiliary please visit us at www.oaux.org

Overlook Auxiliary
99 Beauvoir Avenue
Summit, NJ 07901
Dear Auxiliary Members,

We as Volunteers work hard, long and passionately but not for pay. Volunteers are paid in thank you’s…so to that end we would like to thank all our Volunteers and Twigs that made both the Auxiliary goals and Twig goals possible. The hospital is most appreciative of your dedication to Overlook Medical Center. Following is just a peek at some of the new events occurring because of your dedication.

To further our outreach to the patients and families we serve, the Auxiliary is funding an Oncology Tea staffed by various Twigs on a monthly basis. This allows patients and caregivers to come and spend a few moments together in a less stressful setting. We are hoping to be able to do it twice a month in the fall.

Events Co-Chairs Meredith Guida and Anne St.Clair organized the first annual blood drive. SU Twig 4 was the winner of the $5000 internal prize. Kudos to Anne and Meredith and SU Twig 4 and thanks to all who took the time to donate the “gift of life.”

Plans are beginning to percolate for our 100 birthday in 2016. We have sent out a request for a “few good women” to look through old albums and memorabilia. Our thoughts are to create an oral and pictorial history of how we have grown and changed through the years. Ideas to help us celebrate are welcome from all our members.

Our Auxiliary Luncheon is May 9 at Canoe Brook Country Club. PLEASE SAVE THE DATE. This is our required annual voting meeting. A fashion show is planned for your enjoyment as it was such a hit last year.

As we look forward to spring and the renewal of all things green and flowering, we wish you pleasant thoughts of the coming summer months. April is Volunteer month and we honor each and everyone of you for your hard work and dedication to the Auxiliary and Overlook Medical Center.

Elsa & Peggy
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ANNIVERSARY PREPARATIONS

The Overlook Auxiliary is coming up on its 100 Anniversary! We are looking for some help in going through some of our old archives, reminiscences and photos to be used in our celebration. It would be fun to show our progression through the years, from musicals and dancing to Kitchen Tours. The Auxiliary is moving and has limited space to store these wonderful memories. If you are interested in helping to decide what is absolutely necessary to keep please get in touch with us. Thanks. Elsa and Peggy

MESSAGE TO THE RESIDENTS

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Volunteer positions are available immediately in our Emergency Department at the Summit and Union campus. Please make a commitment to change the experience of Emergency Department patients through kindness and human contact. Personalized orientation and training will be provided. If you are a retired healthcare professional who is comfortable a clinical setting, this experience may be perfect for you.

If you are interested in learning more about any of our volunteer opportunities, please contact Sue Thomas, Manager of the Patient Experience and Volunteer Services. 908-522-2841. Sue.thomas@atlantichealth.org

Thank You!

VOLUNTEER SERVICES

VOLUNTEER MUSICIANS

Bring healing to our patient visitors and staff with the soothing sounds of music! Pianists, vocalists, violinists, harpists and guitarists are all in great demand! Piano music in our atrium lobby creates a healing and welcoming environment! But, we hope to bring music to our patient care areas as well. Please volunteer to help us! Music creates a calm and healing environment.

MESSENGER ROOM - EXPANDED HOURS

The help of our messenger room volunteers is invaluable throughout the day. We would like to expand the opportunity for service in the evening as well. Please consider joining an evening shift on weekdays from 4:30 - 7:30 pm. This is a peak time for patient discharges, and evening volunteer assistance with discharges will help expedite the availability of rooms for patients waiting in the ED.

BEDSIDE COMPANION PROGRAM

If you are caring and compassionate with a fondness for older adults, this may be the perfect volunteer experience for you! You can touch someone’s life just by being there to listen and provide brief companion visits! Training will be provided to prepare you to comfortably perform this volunteer role.
**Volunteer Services**

“The broadest and most meaningful definition of volunteering: Doing more than you have to because you want to, in a cause you consider good.”

Ivan Scheier

**Overlook Medical Center Celebrates Its Dedicated Volunteers**

It is time, once again, to celebrate another fabulous year of volunteerism at Overlook Medical Center. With PRIDE and appreciation we celebrate the caring and generosity of spirit of our amazing Overlook Volunteers! On Wednesday, April 24, we will host our Annual Volunteer Appreciation Luncheon and Awards Presentation for active volunteers who have earned over 250 hours of service by December 31, 2012. The event will be held from 12:00 - 2:30 p.m. at The Primavera Regency in Stirling. Invitations will be mailed to the home address of eligible volunteers. We ask that you reply with your preference for seating if you would like to sit with friends or Twig members. We look forward to celebrating with you!

**Plans to Relocate the Volunteer Office and Messenger Room**

Plans have begun to renovate space on the 5th Floor to create a new home for the Volunteer Services Department. Although the move may not occur until late April or May, this is very good news. We will be coming home to 5th floor in a space adjacent to the auditorium. Thanks so much for your patience! I look forward to settling into our new space very soon! We sincerely appreciate all of the administrative efforts on our behalf and are very grateful for a more visible, accessible and central location. Stay tuned!

**Volunteer Openings - Immediate Availability**

Overlook always welcomes new volunteers! Making a commitment to help others will surely change your life in the process! If you are interested in becoming an Overlook Medical Center volunteer, please call Gwen Dabney, Administrative Assistant, Volunteer Services to request an application! 908-275-4492 or dmorrowpk@aim.com

**Bloom** needs a volunteer to receive and prep deliveries from florist!

The **Emergency Department** seeks assistance daily at Summit and Union campus!

The **Information Desk** seeks friendly volunteers to welcome guests and offer information/direction. Well-developed customer service and communication skills are a must!

**The Messenger Room Receptionist** is needed to receive calls and dispatch assignments to volunteers on duty.

**The Messenger Room Volunteers** are needed daily to run errands throughout the medical center. Most urgent need: afternoons and weekday evenings!

The **Pediatric Activity Center** seeks adult volunteers to supervise the teen volunteer program.

**Auxiliary Happenings**

**Save the Dates**

**Spring Vendor Sale**

Tuesday, May 7
8 a.m. - 5:00 p.m.
Bouras Auditorium

Hosted by SH Twig 27

**Fall Vendor Sale**

Thursday, September 26
8 a.m. - 5:00 p.m.
Bouras Auditorium

Hosted by SH Twig 27

**Jones Ny Coat Sale**

Thursday, November 14
8 a.m. - 5:00 p.m.
Bouras Auditorium

Hosted by SH Twig 17

**Looking for Auxiliary’s Old Cookbook “Cooking Is Our Bag”**

Nancy Morrow (239-275-4492 or dmorrowpk@aim.com) would like to purchase a “gently used” copy of “Cooking Is Our Bag” for her son. If you have a copy that you are willing to part with, please contact Nancy.

**What’s Trending at The Gift Shop & Bloom?**

Spring starts the travel season and our buyers at The Gift Shop & Bloom were excited to find Lug - an exclusive company specializing in items for travelers, with focus on style. Put travel stress to rest with the Tango Travel Wallet, packed with special features, such as a zippered coin pouch and an easy-access boarding pass flap. There’s a place for everything in this slim wallet—coins, cards, cash, passport, pen—and it’s all kept close with a sturdy wrist strap. With several colors to choose from, the Tango can match any luggage set.

When it’s time to go, the Cable Car Satchel is ready to hit the road! There are pockets and pouches aplenty, including one for gadgets and a mesh zip pouch for stuff to keep in view, plus a matching keychain that clips right inside. Bye, bye, lost keys! Other enviable features include the fully adjustable strap and the hidden water bottle pocket on the side. Whether a plane, train, or automobile, catching Zs is a breeze with our best-selling plush pillow and blanket set. Just inflate the plastic pillow and slip it into the cover, then tuck the matching blanket—both made from the coziest fleece and are machine washable! The Gift Shop has both the Nap Sac and Snuz Sac available in an array of colors.

If you want to know what’s currently in fashion at The Gift Shop & Bloom, ask Felicity! You can find her outside the Gift Shop, sporting the latest beach cover-ups and brightly colored sandals, accented with a coordinating beach tote and adorable hat. More resort wear is arriving daily, so don’t wait to purchase, as a sell-out is expected!

Spring flowers are in abundance at Bloom. Easter, Administrative Professionals Day, and Mothers Day are all perfect opportunities to show appreciation with a fine floral arrangement from Bloom, although any day is a good day to give flowers! Residential and corporate delivery are available for a small fee, as well as complimentary delivery within Atlantic Health System locations and the Summit Medical Group. With curbside pickup, there is no delivery charge! Call ahead and you’ll be met outside with your purchase. Orders should be placed early to ensure product availability.

Maria Ciaravalli presented the Auxiliary with a large check from The Gift Shop & Bloom at the March 11 Auxiliary Board Meeting. Many thanks to all who support and patronize for a great cause.

The Gift Shop & Bloom distinctive gifts and flowers for all occasions. 908-522-2133 or 908-522-2117
**NP Twig 2**

On December 10, 2012 NP Twig 2 met for their annual Christmas Tea at the home of Lenore Ford and brought with them Christmas presents for the children in the HealthStart Clinic at Overlook Medical Center. After lunch, the members practiced Christmas carols which they sang the next day throughout the halls of Overlook, accompanied by Nancy Kuhn on her guitar.

Thanksgiving Baskets, complete with turkeys are also assembled by NP Twig 2 for families in the HealthStart Clinic as well as Benji puppets sewn throughout the year for pediatric patients.

Front row (L to R): Nancy Kuhn, Mimi Whelan and Gerri Sofman
Second row (L to R): Sandy Olson, Karen Jenshoej, Ginny Rapp, June Leatherbee, Nancy Smith, Joyce Farrell, Sue Reich and Leslie Kreuzer
Third row at top (L to R): Jan Schryer, Sandy Mollica and Lenore Ford
Not pictured: Judy Campbell, Chairman (who took the picture) and Sharon Meola

**SU Twig 5**

Atlantic Home Care and Hospice will again sponsor its third annual Camp Clover from August 20 - 24 at Camp Riverbend in Warren, New Jersey. This free week-long camp for bereaved children and adolescents ages 7-15 focuses on dealing with the loss of a parent or other significant loved one. Camp Clover will offer traditional fun summer activities such as swimming, sports and arts and crafts, combined with grief education and emotional support.

In a nurturing environment, children express their feelings and share their stories in the process developing healthy coping skills that will follow them throughout their lives. Free busing, lunch and snacks are also provided.

If you know of a child who could benefit from this incredible camp, please call Atlantic Hospice at 973-379-8444.

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**SU Twig 4**

On March 9 the Summit Fortnightly Club was the setting for the Overlook Auxiliary’s first annual blood drive. Some interesting facts came to light. In all 40 pints were collected from SH Twig 27 and SU Twigs 3, 4, 5 and 21 and from the regular donors of the Blood Bank. Those who donated blood at the Fortnightly Club were rewarded with coffee, hot chocolate, munchkins, pizza and salad.

We also learned there is a chronic shortage of blood at Overlook and if it has to be bought the cost is $200 per pint. Each pint of blood can save up to three lives.

Thank you to those who gave their time and blood. In appreciation donors received a white rose in remembrance of their generosity and were entered into a raffle for a $100 gift card contributed by Shoprite. Hopefully there will be many more participants with the next Auxiliary blood drive.

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The Overlook Auxiliary is proud to announce Lois Schneider Realtor and Bouras Properties, LLC as co-sponsors of the 2013 Kitchen Tour

One of our biggest fundraisers, The Overlook Auxiliary Kitchen Tour, has been raising money for different areas of Overlook Medical Center for over 50 years. The Auxiliary is thrilled to have two of our most generous sponsors return this year, Lois Schneider Realtor and Bouras Properties, LLC, to help raise money for The Valerie Center. Both of these businesses have shown outstanding commitment to the Overlook Auxiliary and our local community over the years. In fact, Kassandra Romas, Managing Director at Bouras Properties, LLC, was a chair of the Overlook Auxiliary Kitchen Tour in the early 1990s.

“We are honored to have the support of Lois Schneider Realtor and Bouras Properties, LLC. They are both committed to helping our community and bettering the lives the children and families at The Valerie Fund.” Elsa Russell, Co-President of the Overlook Auxiliary.

Please save the date, October 24 for the Overlook Auxiliary Kitchen Tour. Contact co-chairs, Kim Morander or Melissa Sartorius at kitchenTour2013@gmail.com with questions or for additional information regarding the tour.